



**KENTUCKY**   
**COOPERATIVE EXTENSION**

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

SEPTEMBER 2023

# CHRISTIAN COUNTY 4-H



# JOIN NOW



**KENTUCKY COOPERATIVE EXTENSION**

**Christian County 4-H Trailblazers Horse Club**

Interested in joining the 4-H Horse Club? Do not have a horse, no worries! Some of the activities include trips to various equine businesses, lessons on ranch horse riding, hippology, and judging a horse.

**Meeting Dates:**

September 7	February 1
October 5	March 7
November 2	April 4
December 7	May 2
January 4	June 6

Meeting starts at 5:30 p.m. with riding right after.

2850 Pembroke Rd  
Hopkinsville KY 42240

270-886-6328

**Ages: 9-18**  
**\*Age as of Jan. 1, 2024**

Cooperative Extension Service  
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

**KENTUCKY COOPERATIVE EXTENSION**

**4-H Clover Buds**

**CRAFTS • GAMES • SNACKS • AND MORE**

**MEETING DATES:**

SEPTEMBER 26	JANUARY 23
OCTOBER 24	FEBRUARY 27
NOVEMBER 28	MARCH 26
APRIL 23	

**5:00 P.M.**  
**CHRISTIAN COUNTY EXTENSION SERVICE**  
**2850 PEMBROKE RD, HOPKINSVILLE KY 42240**

Use the QR code, link or call the Extension Office at 270-886-6328 to sign up. Limited spots available.

**FOR YOUTH AGES 5-8**



Cooperative Extension Service  
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

# 4-H Sewing

University of  
Kentucky  
College of Agriculture,  
Food and Environment



Ready to learn how to sew? Come join us and gain lots of new skills.

Where: Christian County Extension Office

Time: 5:30 p.m. - 7:00 p.m.

Ages: 9-18 years old

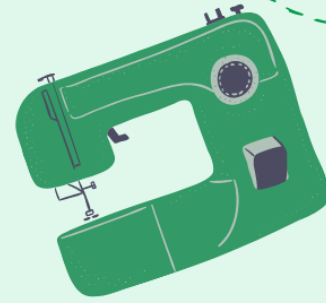
Dates:

September 12                      February 13

October 17                              March 12

November 14                          April 9

December 12                         May 14



Use the QR code, link or call the Extension Office at 270-886-6328 to sign up. Limited spots available.



## 4-H Cooking Club

**Ages: 9-18**

Must be 9 by January 1, 2023

**Time: 4:30-6:00**

**Location:**

Christian County Extension Office

**Dates:**

October 9, 2023                      January 8, 2024

November 13, 2023                  February 12, 2024

December 11, 2023                  March 11, 2024

April 8, 2024

**Limited Spots Available**

Use QR Code/Link  
or Call 270-886-6328 to Sign Up



## ENROLLMENT FORMS 2023-2024

It's that time of year again to turn in your enrollment forms  
Please complete the enclosed form and email or mail back to the  
Christian County Extension Office



2023-24

# Christian County 4-H Clubs

**KENTUCKY**  **COOPERATIVE EXTENSION**

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

## Livestock Club

**Ages: 5-18**

Learn about from animal science, best practices to raising and feeding animals.

You do not need to have animals to participate.

### Meetings:

September 19, 2023    December 19, 2023    March 19, 2024

October 17, 2023    January 16, 2024    April 16, 2024

November 21, 2023    February 20, 2024    May 21, 2024

Meetings are held at 6:00 pm in the Project Room

## Horse Club

**Ages: 9-18**

Join in the fun of learning about horse conformation, caring, showing, and safety.

### Meetings:

September 7, 2023

January 4, 2024

October 5, 2023

February 1, 2024

November 2, 2023

March 7, 2024

December 7, 2023

April 4, 2024

Meetings begin at 5:30 p. m. in the arena

## Drone Club

**Ages: 9-18**

Using STEM activities to engage youth by teaching them about drones and how to program and fly.

Drones are provided.

### Meetings:

TBD

Meeting are held from 6:00 - 7:00 pm in the arena.

## Sewing Club

**Ages: 9-18**

4-H Sewing Club develops fine motor skills and sewing skills for youth while also developing their leadership skills.

### Meetings:

September 12, 2023    December 12, 2023    April 9, 2024

October 17, 2023    February 13, 2024    May 14, 2024

November 14, 2023    March 12, 2024

Meetings are held from 5:30 to 7:00

\*Space is limited and sign up is required to attend\*\*

## Shooting Sports Club

The goal of the Sharpshooters 4-H Club is to teach youth to safely use firearms while developing leadership skills. Offering disciplines in archery and shotgun. The club year runs from March-September. If you are interested please check back in the spring.

## Fur and Feathers

**Ages: 5-18**

Learn about from animal science, best practices to raising and feeding animals.

You do not need to have animals to participate.

### Meetings:

September 21, 2023    December 21, 2023    March 21, 2024

October 19, 2023    January 18, 2024    April 18, 2024

November 16, 2023    February 15, 2024    May 16, 2024

Meetings are held at 6:00 pm in the arena.

**Age is calculated as of January 1st, 2024**

**If you are an educator and would like to have us be a part of your classroom please let us know!**

University of Kentucky  
Christian County Extension Office  
2850 Pembroke Rd.  
Hopkinsville, KY 42240  
(270) 886-6328



**Follow Us On Social Media**



Christian County 4-H



@thechristianco4h

**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.



2023-24

# Christian County 4-H Clubs



## Cooking Club Ages: 9-18

Learn basic cooking skills and your way around the kitchen to create delicious dishes!!

\*\*There will be limited spots available\*\*\*

### Meetings:

October 9, 2023	February 12, 2024
November 13, 2023	March 11, 2024
December 11, 2023	April 8, 2024
January 8, 2024	

Meetings begin at 4:30 p. m. to 6:00 p.m.

## 4-H Youth Development Agents:

**Mary Anne Garnett**

[maryanne.garnett@uky.edu](mailto:maryanne.garnett@uky.edu)

**Kaite Mills**

[kdju222@uky.edu](mailto:kdju222@uky.edu)

**Jeremiah Johnson**

[jeremiah.johnson@uky.edu](mailto:jeremiah.johnson@uky.edu)

## Clover Buds Ages: 5-8

**Crafts, games, snacks, and more**

### Meetings:

September 26, 2023	January 23, 2024
October 24, 2023	February 27, 2024
November 28, 2023	March 26, 2024
	April 23, 2024

Meetings begin at 5:00 p. m.



**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
Lexington, KY 40506



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with prior notification.



# 2023 State Fair



## Winners

Londyn	Bolinger	Photography	Single Color Horticulture	White Ribbon
Londyn	Bolinger	Photography	Leadership: Service	Blue Ribbon
Londyn	Bolinger	Photography	FCS: Patterns/Design	White Ribbon
Kate	Cayce	Crops	Soybeans from current year crop	Red Ribbon
Carson	Clark	Hort	Tomatoes: cherry (5)	Red Ribbon
Carson	Clark	Hort	Tomato: Beef Steak (5)	Red Ribbon
Carson	Clark	Crops	Wheat from current year crop	Blue Ribbon
Carson	Clark	Wood Science	Level 1 NOT from kit	Red Ribbon
Gracelyn	Clark	Needlework	Crochet Item using inter. Skills	White Ribbon
Gracelyn	Clark	Needlework	Item or Pair of items using advan.	Green Ribbon
Jackson	Clark	Food	Three Brownies	Red Ribbon
Jackson	Clark	Food	Three Pieces of Fudge	Red Ribbon
Jackson	Clark	Photography	NR: Wildlife	White Ribbon
Gracelyn	Clark	Photography	NR: Native Plants	White Ribbon
Gracelyn	Clark	Photography	Ag: Livestock	Red Ribbon
Gracelyn	Clark	Photography	Ag: Crops	Blue Ribbon
Clayton	Dixon	Photography	Hort: Hort Collection	Blue Ribbon
Clayton	Dixon	Hort	Peppers: Hot (5)	Red Ribbon
Clayton	Dixon	Hort	Peppers: Bell (5)	Red Ribbon
Clayton	Dixon	Hort	Peppers: Sweet (5)	Blue Ribbon

Clayton	Dixon	Hort	Cucumbers: Pickling (5)	Red Ribbon
Clayton	Dixon	Hort	Squash: Summer (3)	Red Ribbon
Clayton	Dixon	Photography	Hort: single B/W	Blue Ribbon
Clayton	Dixon	Photography	Hort: Sequence of 4 pics	Blue Ribbon
Kinsley	Farmer	Art	Junior Acrylic	Red Ribbon
Ellis	Garnett	Trends	Junior Upcycling	Red Ribbon
Ellis	Garnett	Art	Junior Art Trend: Mixed Media	Blue Ribbon
Myleigh	Joines	Food	Three Chewy Granola Bars	Red Ribbon
Myleigh	Joines	Food	Chocolate Cake	Blue Ribbon
Kali	Kington	Crops	Yellow-shelled from previous year	Blue Ribbon
Kali	Kington	Art	Junior Black Pencil Drawing	Red Ribbon
Kali	Kington	Art	Junior Circular Shape Object	White Ribbon
Kali	Kington	Art	Junior Color Pencil	White Ribbon
Kali	Kington	Photography	Ag: Farm Equipment	Red Ribbon
Allisa	McVay	Photography	FCS: Family	Red Ribbon
Sahara	Peterson	Art	Senior Acrylic	Blue Ribbon
Cheyenne	Peterson	Art	Senior Watercolor	Blue and Purple Ribbon
Cheyenne	Peterson	Art	Senior Oil Painting	Blue Ribbon
Sahara	Peterson	Art	Senior Circular Shape Object	Blue Ribbon
Cheyenne	Peterson	Art	Senior Clay	Blue Ribbon
Sahara	Peterson	Art	Senior Jewelry	Blue Ribbon



# 2023 State Fair



## Winners

Cheyenne	Peterson	Photography	NR: Forest	Blue Ribbon
Cheyenne	Peterson	Photography	NR: Water	Red Ribbon
Sahara	Peterson	Photography	Ag: Ag Scenic	Red Ribbon
Cheyenne	Peterson	Home Enviro.	Color Wheel Collage	White Ribbon
Hannah	Sandifer	Art	Junior Clay	Blue Ribbon
Hannah	Sandifer	Art	Junior Water Color	Red Ribbon
Hannah	Sandifer	Art	Junior Self Portrait	Red Ribbon
Allie	Sandifer	Art	Junior Pen & Ink	Red Ribbon
Hannah	Sandifer	Art	Junior Felted Wool Applique Mat	Blue Ribbon
Allie	Sandifer	Art	Junior Jewelry	Green Ribbon
Allie	Sandifer	Art	Junior Heritage Arts: Other	Blue Ribbon
Emma	Spann	Food	Three Snickerdoodles	Blue Ribbon
Norah	Westerfield	Forestry	Leaf Collection (1st year)	Red Ribbon
Norah	Westerfield	Needlework	Sm. Crochet Item made of medium yarn	Red Ribbon
Lily	Westerfield	Home Enviro.	Invitation & Thank You Notes	Red Ribbon
Lily	Westerfield	Art	Senior Art Trend: Mixed Media	Red Ribbon
Lily	Westerfield	Home Enviro.	Bedroom Floor Plan	Blue Ribbon
Norah	Westerfield	Home Enviro.	Color Collage	Red Ribbon

### Important 4-H Dates

- **September 6 - Pachek 10:00 a.m.**
- **September 7 - Horse Club**
- **September 12 - Sewing Club**
- **September 19 - Livestock Club**
- **September 20 - Crofton School Club**
- **September 21 - Fur and Feathers Rabbit and Poultry Club**
- **September 26 - Cloverbuds**

### Next Month

- **October 5 - Horse Club**
- **October 9 - Cooking Club**
- **October 17 - Livestock Club**
- **October 19 - Fur and Feathers Rabbit and Poultry Club**

# Blackberry Lemon Upside Down Cake

## Ingredients:

- 2 teaspoons melted butter
- 1/3 cup brown sugar
- 1½ teaspoons grated lemon peel
- 2 cups fresh blackberries
- 1¼ cup all-purpose flour
- 1½ teaspoons baking powder
- ¼ teaspoon salt
- 2/3 cup sugar
- 2 tablespoons butter
- 1 large egg
- ¾ teaspoon vanilla extract
- 1 teaspoon lemon juice
- ½ cup skim milk



## Directions:

Yield:  
8, 3 inch wedges.

Preheat oven to 350°F.

Place melted butter in the bottom of a 9-inch round cake pan.

Sprinkle with brown sugar and lemon rind.

Top with berries. Set aside.

Combine flour, baking powder and salt in a small bowl. Set dry ingredients aside. Beat sugar and butter together in a large bowl with a mixer on medium speed until well blended.

Add egg, vanilla, and lemon juice. Mix well.

Add dry ingredients to egg mixture alternately with milk, beginning with milk and ending with flour. Mix after each addition.

Spoon the batter over the blackberries.

Bake at 350 degrees for 40 minutes.

Cool cake for 5 minutes on a wire rack. Loosen edges of the cake with a knife and place a plate upside down on top of cake; invert onto plate.

Serve warm.





**4-H Participant Information/Enrollment Form** (NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: \_\_\_\_\_ County/Area: \_\_\_\_\_  
 Preferred Name: \_\_\_\_\_ School Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Grade: \_\_\_\_\_  
 4-Her Phone: \_\_\_\_\_ 4-H Year: \_\_\_\_\_ Gender: Female Male  
 4-Her Email: \_\_\_\_\_  
 Residence:  
 Farm  Town < 10,000 or Rural Non-Farm  Town/City/Suburb 10,000-50,000  City/Suburb >50,000  City– Central >50,000  
 Race (please choose more than one if applicable):  American Indian  Asian  Black  Native Hawaiian or Pacific Islander  
 White  Prefer Not to Say Not Listed: \_\_\_\_\_  
 Ethnicity: Hispanic Non-Hispanic T-Shirt Size: \_\_\_\_\_

Parent/Guardian 1: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No  
 Parent/Guardian 2: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

**Health History**

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

- |  | Yes                      | No                       |
|--|--------------------------|--------------------------|
| 1) Asthma .....                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Bronchitis.....                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Convulsions.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Diabetes.....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) Ear Infection.....                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) Fainting.....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 7) Heart Condition.....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 8) Headaches.....                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 9) Hypoglycemia.....                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 10) Serious Allergy to Insects.....      | <input type="checkbox"/> | <input type="checkbox"/> |
| 11) Serious Allergy to Nuts.....         | <input type="checkbox"/> | <input type="checkbox"/> |
| 12) Serious Allergy to Gluten.....       | <input type="checkbox"/> | <input type="checkbox"/> |
| 13) Serious Allergy to Dairy.....        | <input type="checkbox"/> | <input type="checkbox"/> |
| 14) Wear Glasses/Contacts.....           | <input type="checkbox"/> | <input type="checkbox"/> |
| 15) Other Conditions.....                | <input type="checkbox"/> | <input type="checkbox"/> |
| 16) Other Allergy (please explain) ..... | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any “yes” responses, including medications taken for any conditions:

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Please explain any restrictions (dietary, physical, etc):

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Social, emotional, and/or behavioral health information:

The following over the counter medications may be administered to my child without contacting me:

- Antihistamine Pill  Antacid  Ibuprofen (Advil)  Hydrocortisone Cream  
 Acetaminophen (Tylenol)  Decongestant  Dramamine  Polysporin (topical antibiotic)

**Medical Treatment**

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Publicity Release**

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

**SIGNATURE OF /GUARDIAN:** \_\_\_\_\_  **NO, I do not permit**

