





UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

> 270-886-6328 2850 Pembroke Rd, Hopkinsville, KY 42240

Jeannel Johnson May Ame Lamett











## Christias PARADE



## **TRAILBLAZERS**

## Horse Club

4-H Trailblazers Horse Club was able to tour Excell Equine Aquatics in Herndon, Ky. The facility was incredible and knowledge shared was amazing. They do great work to help horses and the youth loved learning all the ins and outs of their entire process.

Thank you Excell Equine Aquatics for being so hospitable!









# SEWING Club



In December, 4-H Sewing met and started assembling their twin size quilt to donate to Courageous Kids. One of their leaders, Martha Colley, received her certificate for becoming a Master Clothing Volunteer.

Congratulations!



# LIYESTOCK CLUB









Livestock Club had a great December meeting! We had a quiz over livestock breeds and decorated gingerbread houses!

## **Cooking Club**

Christmas Cookies......but for Santa Paws! Last month the 4-H Cooking Club used their baking skills to make dog treats to give to their favorite furry friends at home and the Christian County Animal Shelter.





# GIFTED & TALENTED!



We had a blast partnering with Christian County Extension Family and Consumer Sciences to offer a training on proper mealtime etiquette and communications strategies! Youth learned basic speaking skills, how to communicate with multiple differing opinions in the room, and even how set a table properly, as well as basic table manners.

#### Sahara Peterson and Cheyenne Peterson Represent Christian County 4-H at National 4-H Congress

Christian County 4-H is proud to announce that Sahara Peterson and Cheyenne Peterson, two outstanding 4-H members, recently attended the prestigious National 4-H Congress in Atlanta, Georgia from November 29-December 3, 2024. This distinguished event brought together 4-H youth leaders from across the nation for a unique opportunity to develop their leadership skills, participate in community service projects, and engage with peers from diverse backgrounds.

Sahara and Cheyenne were selected to represent Kentucky 4-H at this year's National 4-H Congress following receiving their Gold Level Achievement Award in June. This award is based on their leadership abilities, dedication to community service, and outstanding achievements in their respective 4-H projects. Their participation highlights the commitment of Christian County's youth to making a positive impact both locally and nationally.

Throughout the event, the Peterson sisters took part in a series of leadership workshops, hands-on activities, and service projects aimed at strengthening their ability to make a difference in their communities. They also had the opportunity to hear from influential keynote speakers, including prominent figures in agriculture, education, and public service, who shared valuable insights on the importance of youth leadership and civic engagement.



Both Sahara and Cheyenne are actively involved in a variety of 4-H projects, from livestock, horse, STEM, to Leadership and are committed to creating positive change through their work in the program. Their participation in the National 4-H Congress is a testament to their dedication to excellence and their passion for developing into leaders who can inspire others.

The National 4-H Congress, organized by the National 4-H Council, is one of the largest and most prestigious events for youth development in the United States. It brings together 4-H members from across the country for five days of leadership training, educational workshops, and community service. The National 4-H Congress provides youth with the tools and inspiration to make lasting contributions to their communities and beyond.

### **CHRISTIAN COUNTY**



# 4-H CAMP 2025



JUNE 2-5, 2025



### AGES 9-14

CAMPER PARTICIPANTS AT AGE 8 MAY ATTEND IF THEY ARE GOING INTO THE 4TH GRADE IN THE NEXT SCHOOL YEAR

### FUN, GAMES, AND SO MUCH MORE!

















## CHRISTIAN COUNTY





# 4-H CAMP JUNE 2-5, 2025



#### <u>Total: \$240</u>

A \$75 non-refundable deposit is due with forms to reserve your spot.

Pay by: Cash or Check

Make checks payable to: Christian County 4-H Council \*Financial Assistance applications coming soon\*

#### REGISTRATION

Camp forms & deposit are due

April 11, 2025

Drop off or mail forms to the Christian County Extension Office 2850 Pembroke Rd. Hopkinsville, KY

SPOTS FILL UP QUICKLY.
PLEASE DO NOT WAIT.

#### SCAN THE QR CODE FOR REGISTRATION FORMS



#### **CAMP FUN**

Gaga Ball Swimming Mega Relay Giant Slip-n-Slide Nightly Dances Water Olympics

#### **CLASSES**

Campers choose from a wide variety of classes, possible examples include:

Canoeing

Arts & Crafts

High & Low Ropes

Archery

Cooking

Fishing

Natural Resources

and Much More

#### COUNTIES CAMPING

Calloway Carlisle Christian Graves Hickman

#### **LOCATION**

Western Kentucky 4-H Camp
Dawson Springs, KY
\*All cabins are air-conditioned\*

#### CHRISTIAN COUNTY 4-H AGENTS

Mary Anne Garnett, Jeremiah Johnson, & Katie Mills

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Education of programs of Exempts, Compressive Extension waver all people regardless of construct or made status and will not decisionate on the house of our color extension and unique, most extigate publical before trasecular structures, probe desires, prodes expressions, programs, martial extension provide informations, que, which metasional extractions, probe desires, prodes expressions, programs, martial extension provide informations, que, which metasional extractions are consistent and provide and provide and provide information and provide and provide and provide and many her madelles with prior motive. Program information may be madelle in Imageages with the facilities. University of Exempts, Exemptly State Connecting CSD Department of Agriculture, and Exempts Connection.

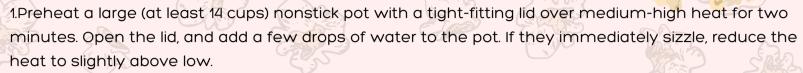


## DIY POPCORN BAR

#### Ingredients:

- 2 tablespoons vegetable oil
- 1/2 cup popcorn kernels
- 2 tablespoons melted butter
- Dash of salt

#### Directions:



- 2. Add the oil and popcorn kernels, and immediately replace the lid.
- 3. Gently shake the pot every few seconds. The popcorn kernels will start popping within a few minutes. Continue to gently shake the pot every few seconds while the popcorn pops.

The popcorn is done when at least three seconds lapse between kernel pops.

- 4. Immediately remove the pot from the heat, pour the melted butter over the popcorn and sprinkle the salt on top. Toss to coat.
- 5. Divide hot popcorn into individual cups or bags and provide a variety of flavorings to create a unique flavor.

For fun, set up a flavor station using some of the ideas below. Start with a sprinkle or drizzle of flavoring, adding more until the desired taste is achieved.

#### FLAVOR STATION IDEAS Parmesar Dill Pickle (Mix 2 teaspoons ground coriander, 2 tablespoon cumin, 1 teaspoons dried dill, 1/2 tablespoon paprika, 1 easpoon ground mustard, 1/2 tablespoon garlic, 1 tablespoo teaspoons garlic powder, 1/2 barbecue sauce) 1/2 teaspoon celery seed) Peanut butter (Heat 1/4 cup honey with ½ cup peanut butter and ½ teaspoon each vanilla extract) Parmesan cheese and Cinnamon and sugar Chili powder garlic (Mix 1/2 cup grated parmesan with 1 sugar and 2 teaspoon garlic) Taco (Mix 1 tablespoon chili powder, 1 teaspoon ground cumin, 1 teaspoon garlic Cool ranch (Mix 2 powder, 1 teaspoon paprika, tablespoons powdered 1/2 teaspoon oregano, 1/2 buttermilk, 2 tablespoons teaspoon onion powder, 1/4 black pepper and 2 teaspoon black pepper) teaspoons dried dill weed;