



DECEMBER 2023

CHRISTIAN COUNTY 4-H

Save the Date

West
KY
4-H Camp



4-H Camp

May 27-30, 2024



Important Dates

- December 7, 5:30 pm - 4-H Horse club
- December 12, 5:30 pm - 4-H Sewing Club
- December 13, 10:00 am - 4-H Pachek Club
- December 14, 6:00 pm - Drone Club
- December 19, 5:00 pm - Cloverbuds
- December 19, 6:00 pm - Livestock Club
- December 21, 6:00 pm - Furs and Feathers

Western Kentucky 4-H Teen Retreat

Jabari and James had a blast with other high school youth at West Kentucky 4-H Teen Retreat!



THANK YOU!

We are so thankful for Bayer Agri-Science for utilizing their America's Farmers Grow Communities Grant to purchase roping steers for Christian County youth to grow and develop their skills.



Supporting
Christian County 4-H
is as easy as shopping at
Kroger



1. Visit www.krogercommunityrewards.com
2. Scroll down & click "Link Your Shopper's Card Here"
3. Sign-Into your online Kroger Account or create one
4. Find "Christian County 4-H Council" and click ENROLL

Christian County 4-H will earn rewards on qualifying purchases made using your Kroger Plus Card!



Next Month

- January 3, 10:00 am - 4-H Pachek
- January 4, 5:30 pm - 4-H Horse Club
- January 16, 6:00pm- Livestock Club
- January 18 , 6:00pm - Furs and Feathers Club
- January 23, 5:00pm - 4-H Cloverbuds



4-H Trailblazers

The 4-H Trailblazer Horse club had another great meeting with guest speaker, Hannah Belitz. Hannah is an Equine Massage Therapist and did wonderful showing the youth how to give their horse a proper massage and how to obtain this career. Thank you, Hannah!





4-H Issues Conference

Sahara and Cheyenne Peterson served as the Christian County Delegates to the Kentucky 4-H Issues Conference 2023! This opportunity allowed them to further their civic engagement knowledge and work through discussion topics!



Festive Fruit Wreaths

Ingredients:

- 1 sliced whole wheat bagel
- 2 tablespoons low-fat fruit flavored cream cheese
- ½ cup sliced assorted fruit

Directions:

1. Separate bagel halves and toast if desired.
2. Spread each half with a tablespoon of cream cheese.
3. Sprinkle fruit on top. For a festive look, try sliced kiwi or green grapes and berries.

Source: Eat Smart to Play Hard: Jeanie Najor, Program Coordinator, University of Kentucky Cooperative Extension Service

Cooperative Extension Service

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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