

# Christian County 4-H Youth Development

July 2025 Edition

## 2025 Achievement Recipients Announced



**Martin-Gatton**  
College of Agriculture,  
Food and Environment



Back L to R: Lola Keith Renshaw, Sydney Ezell,  
Jackson Kyle Clark, Kali Kington  
Front L to R: Cheyenne Peterson, Sahara Peterson

The Kentucky 4-H Achievement Program challenges youth to become better involved in their community, expand their leadership training, develop effective communication skills, and highlight overall program participation. Youth may advance through various levels of the program with the highest being the coveted Emerald Award.

Congratulations to the following:

Sydney Ezell, Clover Level 1  
Lola Keith Renshaw, Clover Level 2  
Jackson Kyle Clark, Clover Level 3  
Kali Kington, Clover Level 3  
Cheyenne Peterson, Emerald Candidate  
Sahara Peterson, Emerald Candidate



Christian County 4-H Trailblazers Horse Club would like to say a huge thank you to the United States Harness Drivers Association for their generous donation to the club!

**Supporting  
Christian County 4-H  
is as easy as shopping at  
Kroger**

1. Visit [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)
2. Scroll down & click "Link Your Shopper's Card Here"
3. Sign-Into your online Kroger Account or create one
4. Find "Christian County 4-H Council" and click ENROLL

**Christian County 4-H will earn rewards on  
qualifying purchases made using your  
Kroger Plus Card!**

Christian County Cooperative  
Extension Service  
2850 Pembroke Rd  
Hopkinsville, KY 42240  
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<https://www.christian.ca.uky.edu>

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*Jerral Johnson*  
*Mary Anne Garrett*  
*Katie Mills*

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**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating  
Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# 2025

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8 Clarksville Area Better Beef Show Awards Banquet	Campfire Chef's Cooking Day Camp State Officer Training	10 State Fair Livestock Entry Deadline	11	12 State Communications Contest
13	14	15 County Extension Council & 4-H Advisory Council Meeting	16	17	18	19
20	21 4-H Forensics Day Camp Registration Full	22 4-H Poultry Judging Clinic Registration Required	23	24	25	26
27	28	29 Achievement Program Information Session 6 p.m.	30	31 Kids Night @ Farmers Market		



## Beyond Ready



# SAVE THE DATE



## Achievement Program Information Meeting

July 29, 2025 6 p.m.

Join us for an informational training session on the Kentucky 4-H Achievement Program—your pathway to recognition, leadership, and new opportunities. Learn how to:

- Navigate the Achievement Application
- Track and document your 4-H experiences
- Prepare for interviews and advance through levels
- Unlock scholarships, trips, and leadership roles

This training is open to youth, parents, and volunteers who want to better understand how the program works and how to succeed in it.

## Poultry Judging Clinic

July 22, 2025

Calling all 4-H youth! Ready to level up your poultry knowledge and judging skills? Join us for a hands-on Poultry Judging Clinic where you'll learn:

Past Production Hen Evaluation

Market Egg Grading (Exterior, Interior, and Candling!)

Egg Identification & Quality

Meat Parts ID

Carcass Grading & Judging

Whether you're a beginner or brushing up for competition season, this clinic is packed with practical skills and expert guidance!

Open to all 4-H members

Come ready to learn, judge, and have fun!

4-H Poultry Judging Clinic  
Registration Form



## Southern Region Teen Leadership Conference

September 18-21, 2025

The 4-H Southern Region Teen Leadership Conference (SRTLTC) is a multi state conference for high school age youth. SRTLTC is a first-of-its-kind, multistate 4-H conference created to bring together 4-H teens and adults to empower and inspire them to make a positive change across the Southern Region through youth-adult partnerships. Delegates will participate in educational programs, networking opportunities, leadership workshops and community service programs with the over 400 attendees from the southern region!

Registration spots are limited, and must be turned in by **August 15, 4:30 p.m.**

Registration Fee: \$250.00

Reach out to us for potential scholarship opportunities!

Southern Region Teen Leadership  
Conference Registration Request  
form



## Volunteer Forum

February 26-28, 2026

The Kentucky Volunteer Forum is a developmental and educational conference geared towards 4-H and Extension volunteers from all program areas.

Volunteers work to complete requirements necessary for accreditation in Agriculture, Camping, Cloverbuds, Communications & Expressive Arts, Family & Consumer Sciences, Health, Leadership, Natural Resources, and Science, Engineering and Technology



## Teen Conference 2026

June 2-5, 2026

The Kentucky 4-H Teen Conference is the premier leadership conference for high school 4-H members. For 2026 the dates have shifted slightly and are listed above. If you are a 4-H member that will be going into 9<sup>th</sup> grade in fall of 2026, or older, this is the conference for you! Stay tuned for more information!



# Summer so far...

## Teen Conference

Delegates from Christian County attended the annual Kentucky 4-H Teen Conference held on the University of Kentucky campus. Delegates participated in educational workshops, leadership workshops, community service opportunities, and networking events. As a member of the Kentucky 4-H State Teen Council this past year, Sahara Peterson helped lead various workshops and opportunities for delegates. Cheyenne Peterson, a member of the Kentucky 4-H Science, Engineering, and Technology Leadership Board led an educational workshop focusing on the physics of an amusement park!



## W3 W4 Area Teen Leadership Retreat

Genna Calhoun, Sarah Kate Gilliam, and Carter Jane Wilson attended the W3/4 Area Teen Leadership retreat at Holiday World. Day one was all about thrills, as youth spent the day riding roller coasters and enjoying the park. On day two, they built essential life skills by learning how to start a fire, change oil and tires, make beeswax candles and soap, and sharpen their public speaking abilities.



## Summer Camp

Over 160 campers attended 4-H camp this summer! Youth were able to participate in educational classes, all while having a little fun along the way! We couldn't do this without a wonderful team of volunteers that go above and beyond to make our campers' week successful and safe. Thank you to our outstanding volunteers for devoting so much of their time and talents to make sure we have a great week!



**2<sup>nd</sup> highest camp attendance since 2001!**



# Western Kentucky State Fair

## Cloverville



Elinor Groom,  
overall Grand Champion

Congratulations to the following champions from the WKSF Cloverville entries!

Crew Bolinger, Crops Projects  
Garrett Clark, Wood Science  
Brianna Farmer, Home Environment  
Charlee Ganster, Arts  
Elinor Groom, Needlework  
Eleanor Knight, Food Preservation  
Cheyenne Peterson, Entomology & Honey  
Sahara Peterson, 21st Century Skills  
Justice Shalom, Civic Engagement/Service Learning  
Katie Behm, Food Exhibits  
Brant Cansler, Tobacco (Dark)  
Clayton Dixon, Horticulture & Plant Science  
Clayton Dixon, Photography



## Barn Crew

Thank you so much to the CCHS FFA, HHS FFA, teachers, 4-H Livestock leaders and friends for helping get this show ring in tip top shape for the Western Kentucky State Fair livestock shows!



## Thank You

Thank you to everyone who helped with the 4-H Food Booth at the fair this year! We could not do this fundraiser without our generous volunteers!




## Livestock Shows

Congratulations to our Champion Christian County youth from the Western Kentucky State Fair Livestock Shows!

Katie Behm, Reserve Grand Champion Bantam Breed  
Gracelyn Clark, Poultry Reserve Top Showman  
Cheyenne Peterson, Grand Champion Senior Buck  
Malayla Shelton, Grand Champion Duck  
Malayla Shelton, Grand Champion Bantam Breed  
Malayla Shelton, Poultry Top Showman  
Hailey Sutton, Reserve Grand Champion Commercial Junior Doe  
Hailey Sutton, Grand Champion Junior Doe  
Jennie Watts, Grand Champion Breeding Heifer  
Jennie Watts, Beef Cattle Top Showman





# Livestock Show **SUNSHINE CLASS**

**AUGUST 20, 2025**

The Sunshine Class offers an opportunity for individuals with special needs to partner with a trained mentor to show livestock in a show ring at the 2025 Kentucky State Fair.

The program provides the opportunity for individuals with special needs to get hands on experience with parts of the agriculture industry.



Open to individuals with special needs of all ages.



Show ring handicap accessible for all needs.



Individuals are paired with trained livestock exhibitor for entire duration of livestock show.



No experience needed.



For more information and to register, scan the QR code with your mobile smart device.

**SUNSHINE CLASS LIVESTOCK SHOW**  
**BROADBENT ARENA**  
**KENTUCKY STATE FAIR**  
**LOUISVILLE EXPOSITION CENTER**  
**AUGUST 20, 2025 | 9 A.M.**



**Special  
Olympics**  
Kentucky



**Kentucky**  
EXPOSITION FOUNDATION



**KENTUCKY**  
DEPARTMENT OF  
**AGRICULTURE**

**KENTUCKY STATE FAIR**

AUGUST 14 - 24  KY EXPO CENTER

## **CONTACT:**

**Kaitlin Fouts**

Kentucky Department of Agriculture  
Shows & Fairs

(502) 234-8414 | Kaitlin.Fouts@ky.gov





Image Credit: (far left) Washington County, VA; (top left and right) Choctaw County 4-H, Jasano Brooks; (bottom left and right) Macon County 4-H, Claudio Papapietro.

**Stories  
4-History**



**YOUR VOICE MATTERS! ENGAGE IN A LOCAL CIVICS PROJECT WITH THE SMITHSONIAN**

**AGES: 10-19**

**DATES: SEPTEMBER 2025 - FEBRUARY 2026**

## JOIN THE 2025 STORIES 4-HISTORY PROGRAM

What issues do you care about in your community? Through the Smithsonian's **Stories 4-History program**, you will develop a civic engagement project that amplifies local stories of democracy, centering on topics that matter to you. With support from 4-H leaders and the Smithsonian team, you will conduct research and interviews to learn more about your community and share your findings through a video project.

## PROGRAM DATES

The Stories 4-History program runs from **September 2025 - February 2026**.

## ABOUT THE SMITHSONIAN INSTITUTION

The Smithsonian Institution is the world's largest museum, education, and research complex, with 23 museums and the National Zoo, shaping the future by preserving heritage, discovering new knowledge, and sharing our resources with the world.

## WHY STORIES 4-HISTORY?

All of us have issues that are important to us. We all have voices that we can use to shape the future of our communities. Through this experience, you'll:

- Gain a deeper understanding for your local community and its history through interviews and research.
- Discover techniques to tell effective stories through a video project.
- Build career readiness experience thorough skill development, leadership, and teamwork.
- Understand the importance of informed citizenship and democracy in our local communities.

**"The experience reinforced how local engagement can drive positive change, particularly in rural communities where resources and opportunities may be limited. Through informed advocacy and active participation in community discussions, we can help shape the future of education in our region"**

**4-H Member, Virginia**

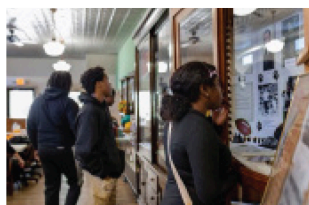
## WHAT IS THE STEP-BY-STEP PROCESS?

You'll navigate through a multi-step process to create a 5-10 minute video.



### STEP ONE

Choose an issue that you care about in your community.



### STEP TWO

Gather information about your topic through local organizations, primary and secondary sources, and interviews with local stakeholders.



### STEP THREE

Edit your research and interviews into a cohesive, 5-10 minute video.

## CAN YOU SHOW ME AN EXAMPLE?

It can be hard to visualize what a final project might look like without seeing an example! Scan the QR code below to explore a project from Oklahoma 4-H.



In this project, 4-H members in Choctaw County explore mental health in farmers and ranchers.

<https://s.si.edu/Choctaw>

## WHAT WILL I RECEIVE AT THE END OF THE PROGRAM?

All 4-H'ers will receive:

- A Certificate of Achievement for your participation in the program.
- A scored rubric with feedback from Smithsonian experts.

## WHAT ARE THE OTHER PROGRAM COMPONENTS?

Throughout the program, you will engage in experiences with the Smithsonian and your 4-H community. This may include:

- A series of virtual and/or in-person meetings and workshops with your 4-H leader(s) to stay on track with the program.
- A series of virtual milestone check-in meetings with the Smithsonian Institution.
- Virtual engagements with 4-H'ers from other states/counties that are participating in the program.
- A virtual, culminating program celebration.

## WHO DO I CONTACT TO LEARN MORE AND SIGN UP?

To learn more about the program and to sign up, contact your 4-H leader.

CONTACT NAME: Jeremiah Johnson

EMAIL/WEBSITE TO SIGN UP: <https://forms.office.com/r/J2BqiuJutC>

DEADLINE: August 15, 2025

Smithsonian Stories 4-History  
Project Registration



Stories 4-History is part of the Smithsonian and National 4-H Council partnership to increase access to civic and cultural experiences for young people. The partnership is made possible through the support of the Seedlings Foundation and the Darlene Bookoff Endowment.





# Blackberry Lemon Upside Down Cake

<b>2 teaspoons</b> melted butter	<b>1¼ cup</b> all-purpose flour	<b>1</b> large egg
<b>⅓ cup</b> brown sugar	<b>1½ teaspoons</b> baking powder	<b>¾ teaspoon</b> vanilla extract
<b>1½ teaspoons</b> grated lemon peel	<b>¼ teaspoon</b> salt	<b>1 teaspoon</b> lemon juice
<b>2 cups</b> fresh blackberries	<b>⅔ cup</b> sugar	<b>½ cup</b> skim milk
	<b>2 tablespoons</b> butter	

**Preheat** oven to 350°F. **Place** melted butter in the bottom of a 9-inch round cake pan. **Sprinkle** with brown sugar and lemon rind. **Top** with berries. Set aside. **Combine** flour, baking powder and salt in a small bowl. Set dry ingredients aside. **Spoon** the batter over the **Beat** sugar and butter together in a large bowl with a mixer on medium speed until well blended. **Add** egg, vanilla, and lemon juice. Mix well. **Add** dry ingredients to egg mixture alternately with milk, beginning with milk and ending with flour. Mix after each addition. **Bake** at 350 degrees for 40 minutes. **Cool** cake for 5 minutes on a wire rack. **Loosen** edges of the cake with a knife and place a plate upside down on top of cake; **invert** onto plate. **Serve** warm. **Yield:** 8, 3 inch wedges. **Nutritional Analysis:** 230 calories, 5 g fat, 35 mg cholesterol, 220 mg sodium, 45 g carbohydrate, 2 g fiber, 4 g protein



## Kentucky Blackberries

**SEASON:** June to September

**NUTRITION FACTS:** A one-half cup serving of raw berries contains 35 calories, has zero fat, and is a good source of potassium, vitamin C, and fiber.

**SELECTION:** Look for plump fruit that is uniform in color and appears fresh. Berries should be free of stems or leaves. Avoid fruit that is moldy, crushed, bruised, or contains extra moisture.

**STORAGE:** Store unwashed and covered berries in the refrigerator. Use within two days.

**PREPARATION:** Handle all berries gently. Wash berries by covering them with water and gently lifting the berries out. Remove any stems and drain on a single layer of paper

towels. Blackberries are delicious cooked, which intensifies the flavor, or eaten fresh as a snack or in a salad.

**PRESERVING:** Berries may be preserved by canning or freezing, or made into jellies or jam.

For more information, contact your local County Extension Office.

### BLACKBERRIES

#### Kentucky Proud Project

County Extension Agents for Family and Consumer Sciences  
University of Kentucky, Nutrition and Food Science students

June 2010

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