

# Christian County 4-H Youth Development

May 2025 Edition



**Martin-Gatton**  
College of Agriculture,  
Food and Environment

*thank you!*

Thank you to H&R Agri-Power and Bayer Crop Science for their generous sponsorship and grant to Christian County 4-H Camp! These generous gifts will help make the best week of the summer for many youth in Christian County.



## Congratulations to our County Communications Contest Winners:

9 Year Old: Jonah Howell  
10 Year Old: Garrett Clark  
11 Year Old: Macy McGinnis  
12 Year Old: Kali Kington  
14 Year Old: Kaitlyn Williams  
17 Year Old: Rebecca Wood  
Animal Science Demo: Lola Keith Renshaw  
Clothing & Textiles Demo: Gracelyn Clark  
Food Demo: Sydney Ezell  
Health Demo: Mali Bledsoe  
Natural Resource Demo: Jackson Clark  
Performing Arts Demo: Eleanor Knight



**Month of the  
MILITARY  
CHILD**



April was

Month of the Military Child!  
Thank you for supporting our  
Military connected youth and  
families!

 Supporting  
**Christian County 4-H**  
is as easy as shopping at  
**Kroger**

1. Visit [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)
2. Scroll down & click "Link Your Shopper's Card Here"
3. Sign-Into your online Kroger Account or create one
4. Find "Christian County 4-H Council" and click ENROLL

Christian County 4-H will earn rewards on  
qualifying purchases made using your  
Kroger Plus Card!



Christian County Cooperative  
Extension Service  
2850 Pembroke Rd  
Hopkinsville, KY 42240  
270-886-6328  
<https://www.christian.ca.uky.edu>

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*Jessam Johnson*

*Mary Anne Gamett*

*Katie Mills*

Cooperative  
Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

2025



May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 4-H Camp Orientation @ 5:30 PM	6 4-H Camp Orientation @ 5:30 PM		1 Trailblazers Horse Club @5:30 PM	2 Hopkinsville Area Homeschool @ 9:30 AM	3
11	12 Clarksville Area Better Beef Show	13 Clarksville Area Better Beef Show 4-H Sewing @ 5:30 PM	7 PACHEK @ 10:00 AM	8	9 Shooting Sports meeting @ Quail Club @ 5:30 PM	10
18	19	20	21	14 Livestock Club @ 6:00 PM	16	17
25	26	27	28	22	23	24
				29	30	31 Shooting With Our Stars @ Quail Club Time TBD



2025

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 Aerospace Camp Rain Date
			4-H Camp		Aerospace Camp	
8	9	10	11	12	13	14
			4-H Teen Conference		Shooting Sports meeting @ Quail Club @ 5:30 PM	
15	16	17	18	19	20	21
					Western KY State Fair	
22	23	24	25	26	27	28
		Western KY State Fair (Pre-Register on fairentry.com)	Sheep Show 6:00 PM	Goat Show 6:00 PM		Swine Show 9:00 AM
		Poultry & Rabbit Show 6:00 PM	Cloverville Check In		Cloverville Check Out	Cattle Show 6:00 PM
29	30					

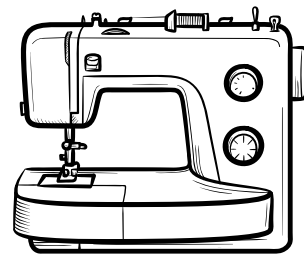


The 4-H Trailblazers Horse Club would like to thank the Jenkins Family for letting them come tour their farm and see their new foals for the last club meeting. The club got to have lots of fun while playing with the babies!

# 4-H Sewing



Join us on May 13, 2025 for our next 4-H Sewing Club meeting! This meeting will take place at the Christian County Extension Office. You do not have to own a sewing machine to join.



## Hopkinsville Area Homeschool

Hopkinsville Area Homeschool spent the morning making snickerdoodle cookies to prepare for the Western Kentucky State fair. They practiced the recipe, learned how the cookies have to be chosen and placed on the plates, and then enjoyed how tasty they were.





# Cooking Club

Cooking Club got to spend their final club meeting outside learning how to grill and making ice cream! They got to grill rib eyes, corn, and zucchini. Thank you to Jack Orem and the Christian County Cattleman's Association!



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# 4-H PACHEK

4-H PACHEK had a great meeting visiting the Peterson's Farm and getting a tour of all the animals from Cheyenne. They are a world of knowledge and we enjoyed learning.

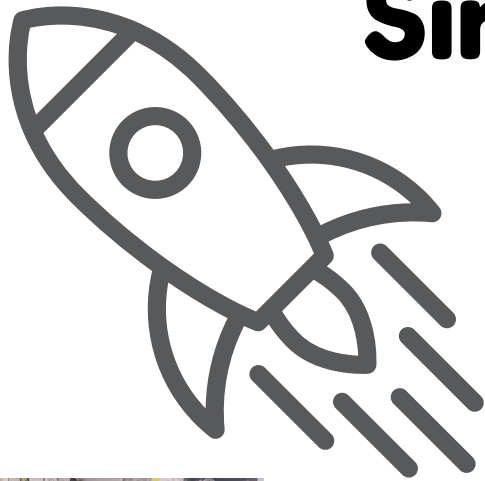




# W3/4 Area Teen Hockey Leadership Trip

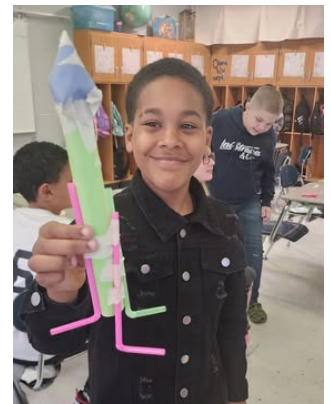
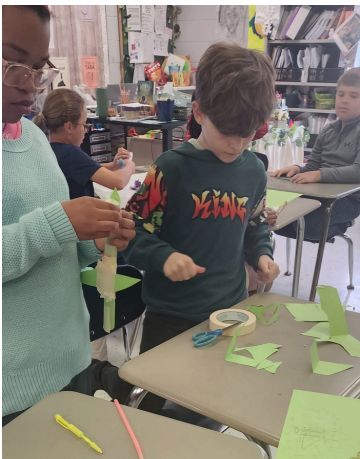


W3/W4 Area Teens were able to travel to Nashville to explore the city, have a behind the scenes tour of Bridgestone Arena and watch the Predators win. We had a great time and loved learning more about how the hockey industry works.



## Sinking Fork School Enrichment

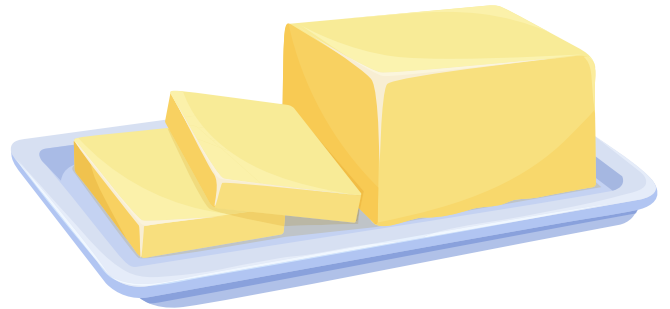
Mrs. Katie Mills returned to Mrs. Rose's class for the final 4-H hands-on lesson of the year! Today, students built rockets and they launched them using air pressure. The furthest launch was 85ft! Students have grown so much in their Collaborative Problem Solving and Innovative Critical Thinking skills with these lessons!





# Farm Day

First Graders from all over Christian County got to spend some time at Garnett Farms and learn all about where their food comes from and different kinds of farm animals! Farm Day is always a fun time for everyone involved!







# It's Your Reality

Jeremiah Johnson spent time with freshman students from both high schools with the ever popular "Reality Store".

Upon entering, students are given a scenario into adulthood where they must choose to spend the allotted "salary" on expenses such as rent, insurance, groceries and other expenses.

It's the first glimpse of reality for some into managing life as an adult.



## Ft Campbell Staff Training



Month of the  
**MILITARY  
CHILD**



We had a blast at Fort Campbell working with Fort Campbell Youth Center staff for their training day!

We discussed all of the opportunities for military youth and even had an experiential learning opportunity with the blender bike making a healthy smoothie!



# Aerospace Camp



Friday, June 6<sup>th</sup> 2025



Youth 6-12 Grade



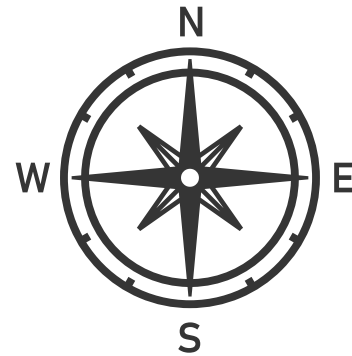
A full day of fun learning about aerospace, aviation, weather, and navigation



Madisonville Airport



\$120



## Blueberry Cheesecake Bars

### Ingredients:

- 1 cup graham cracker crumbs (9-10 graham cracker sheets)
- 3 tablespoons unsalted butter, melted
- 3 tablespoons unsweetened applesauce
- 1 1/2 cups nonfat plain Greek yogurt
- 3.5 ounces cream cheese, softened
- 1 tablespoon cornstarch
- 1/4 teaspoon salt
- 1/3 cup sugar
- 2 tablespoons lemon juice
- 2 cups blueberries
- 1 tablespoon lemon zest (optional)

### Directions:

- Preheat oven to 300 degrees F.
- Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- \*Mix graham cracker crumbs, melted butter, and applesauce together in a medium bowl until combined. Evenly press crust into an 8-by-8 baking pan. Using the bottom of a dry measuring cup, firmly press down on the crust to make it more compact.
- \*Bake for 12 minutes. Remove from the oven and set aside.
- Increase the oven temperature to 350 degrees F.
- In a large bowl, combine the yogurt, softened cream cheese, cornstarch, salt, sugar, and lemon juice. Fold in the blueberries and the lemon zest (if using).
- Carefully drop spoonfuls of the topping mixture over the cooled crust and spread to make an even layer.
- Bake for 35 minutes, or until it does not jiggle. Remove from oven and let cool completely (about 45 minutes). For best results, refrigerate 1 hour before cutting.
- Store in the refrigerator.





# WALK YOUR WAY CHALLENGE

 Cooperative  
Extension Service



## MARCH 10 - MAY 25, 2025

Have you decided it's time to get off the couch, but are not sure how to start?

**Start Slow, Start Smart, Start with Us!**

This 12-week challenge is based on the National Heart, Lung, and Blood Institute's walking plan and allows you to start at a pace that is comfortable for YOU.



**Christian County Extension Office**  
2850 Pembroke Road  
Hopkinsville, KY 42240  
270-886-6328

**Register at your local  
Extension Office or online at  
<https://bit.ly/WalkYourWay2025>**

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Lexington, KY 40506



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CHRISTIAN COUNTY

# 4-H CAMP



## 2025



JUNE 2-5, 2025

AGES 9-14

CAMPER PARTICIPANTS AT AGE 8 MAY  
ATTEND IF THEY ARE GOING INTO THE  
4TH GRADE IN THE NEXT SCHOOL YEAR.

FUN, GAMES, AND  
SO MUCH MORE!





# CHRISTIAN COUNTY

# 4-H CAMP

## JUNE 2-5, 2025



Total: \$240

A \$75 non-refundable deposit is due with forms to  
reserve your spot.

Pay by: Cash or Check

Make checks payable to: Christian County 4-H Council

\*Financial Assistance applications coming soon\*

## REGISTRATION

Camp forms & deposit are due

April 11, 2025

Drop off or mail forms to the  
Christian County Extension Office  
2850 Pembroke Rd. Hopkinsville, KY

**SPOTS FILL UP QUICKLY.  
PLEASE DO NOT WAIT.**

## SCAN THE QR CODE FOR REGISTRATION FORMS



## CAMP FUN

Gaga Ball  
Swimming  
Mega Relay  
Giant Slip-n-Slide  
Nightly Dances  
Water Olympics

## CLASSES

Campers choose from a wide variety of classes,  
possible examples include:

Canoeing  
Arts & Crafts  
High & Low Ropes  
Archery

Cooking  
Fishing  
Natural Resources  
and Much More

## COUNTIES CAMPING

Calloway  
Carlisle  
Christian  
Graves  
Hickman

## LOCATION

Western Kentucky 4-H Camp  
Dawson Springs, KY

\*All cabins are air-conditioned\*

## CHRISTIAN COUNTY 4-H AGENTS

Mary Anne Garnett,  
Jeremiah Johnson,  
& Katie Mills

