

# Christian County 4-H Youth Development

March 2025 Edition

## Interested in Archery or Trap Shooting?

Join us for an informational  
and safety meeting for 4-H  
Shooting Sports.

When: March 7th 2025

Time: 5:30 PM

Where: Quail Club; 2580 Quail  
Club Road Hopkinsville KY



**Martin-Gatton**  
College of Agriculture,  
Food and Environment

## Support Kentucky Ag Tag Program!

A massive THANK YOU to all Christian County farmers that contribute the \$10 donation to the Ag Tag Program last March when they renewed their Farm Tags! This program allows us to continually provide funding for Agricultural Education initiatives in Christian County, as well funding for leadership programs. The fund from this program is divided three ways between 4-H, FFA and the Kentucky Proud Program. We could not do this without your support. Thank you to County Clerk Melinda Humphries, and all the folks at the Clerk's Office that continually support Positive Youth Development in Christian County.

Christian County Cooperative  
Extension Service  
2850 Pembroke Rd  
Hopkinsville, KY 42240  
270-886-6328  
<https://www.christian.ca.uky.edu>

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## Congratulations

Congratulations to Sahara Peterson for receiving the following at the Kentucky 4-H Skillathon Contest:

- Senior Identification 3rd Place
- Senior Evaluation 6th Place
- Senior Overall 5th Place



Senior Livestock Skillathon Team  
Members:

- Genna Calhoun
- Cheyenne Peterson
- Sahara Peterson

Junior Livestock Skillathon Member:

- Mary Katherine Henderson

Supporting  
**Christian County 4-H**  
is as easy as shopping at  
**Kroger**

1. Visit [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)
2. Scroll down & click "Link Your Shopper's Card Here"
3. Sign-Into your online Kroger Account or create one
4. Find "Christian County 4-H Council" and click ENROLL

**Christian County 4-H will earn rewards on  
qualifying purchases made using your  
Kroger Plus Card!**

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Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating  
Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

2025

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		Extension Conference; Agents out	PACHEK @ 10:00 AM	Trailblazers Horse Club @ 5:30 PM	Livestock BQA Shooting Sports Safety Meeting @ 5:30 pm @ Quail Club	
9	10	11	12	13	14	15
		4-H Horse Judging Clinic In Murray KY Sewing Club @ 5:30 PM				
16	17	18	19	20	21	22
			Crofton School Club	Livestock Club @ 6:00 PM		
23	24	25	26	27	28	29
		HCA School Club				4-H Team Sorting Clinic in Expo
30	31					



2025

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 PACHEK @ 10 AM	3	4 Hopkinsville Area Homeschool @ 9:30 AM	5
6	7	8 Sewing Club @ 5:30 PM	9	10 Trailblazers Horse Club @ 5:30 PM	11	12
13	14	15	16	17 Livestock Club @ 6 PM	18	19
20	21	22 4-H Agent Conference; Agents Out	23	24	25	26
27	28	29 HCA School Club	30 Crofton School Club			

# WALK YOUR WAY CHALLENGE



## MARCH 10 - MAY 25, 2025

Have you decided it's time to get off the couch, but are not sure how to start?

**Start Slow, Start Smart, Start with Us!**

This 12-week challenge is based on the National Heart, Lung, and Blood Institute's walking plan and allows you to start at a pace that is comfortable for YOU.



**Christian County Extension Office**  
2850 Pembroke Road  
Hopkinsville, KY 42240  
270-886-6328

**Register at your local  
Extension Office or online at  
<https://bit.ly/WalkYourWay2025>**

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# Clubs

## 4-H Sewing Club

Our 4-H members were able to test out their knowledge with a round of practice hippology. They were able to answer equine questions ranging from feed to equine anatomy. After the meeting, those with horses were able to enjoy the dry, warm arena to ride. We are excited to be attending the Southern Equine Expo on February 22 in Murfreesboro, Tn. Youth will also be attending a horse judging clinic in Murray Kentucky on March 11.

4-H Sewing has been hard at work making quilts that will be donated for the Compassionate Kids Camp. They were also able to finish up their quilt squares and even have them hanging in Paducah at the Quilt Museum.

Come join us at the next meeting, March 11 at 5:30 pm. If you do not own a sewing machine, no worries, we have plenty.



## Livestock Club



Our 4-H members had a blast at APSU with the other Clarksville Area Beef Show participants! They learned all about the show and general livestock care.

Special thanks to Rural King for helping us studying livestock equipment Identification!

On March 7th, Christian County 4-H will be hosting a Beef Quality Assurance training for youth, along with our local high school agriculture departments. If your 4-H member is interested in attending, please contact Jeremiah Johnson at [jeremiah.johnson@uky.edu](mailto:jeremiah.johnson@uky.edu) to RSVP, before March 1.

Thank you to Christian County Cattlemen's Association for sponsoring our BQA training.



# 4-H Hopkinsville Area Homeschool

The 4-H Hopkinsville Area Homeschool group was able to get their hands messy and create beautiful air dried clay artwork. Their designs ranged from burger and fries to candle holder with candle. Their completed items can be entered into the Western Kentucky State Fair in June.



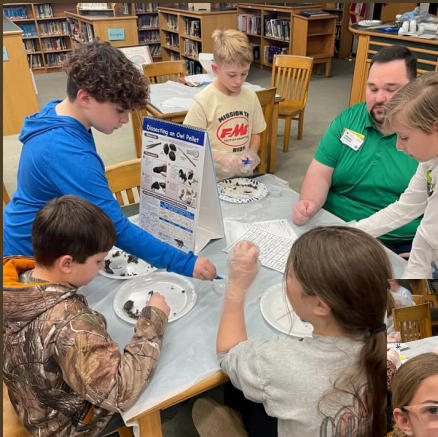
# 4-H PACHEK

4-H PACHEK was able to explore the culinary world of Mexico last month with making delicious tortillas and queso. They measured, prepared and tasted their recipe and decided they would make them again at home.



# Crofton School Club

It was a hoot at Crofton Elementary School!  
4-H afterschool club members learned about how Owls digest food and members were able to dissect some owl pellets to discover what the owls had as a snack!





# W3/4 Area Teen Meeting and Ice Skating Adventure

Christian County 4-H had a blast at the W3/4 Area Teen Meeting and Ice Skating Day In Owensboro, Kentucky. We discussed upcoming teen events, area programming for teens, and our end of the year meeting In May! Stay tuned for more Info!



## Easy Granola Bars

### Ingredients:

- 2 cups quick oats
- 1 cup peanut butter
- 2 tablespoons sliced almonds
- 1/4 cup honey
- 1/4 cup raisins or dried cranberries (optional)

### Directions:

1. Mix together ingredients in a medium-sized bowl.
2. Line a 9×9 square pan or 7×11 rectangular pan with parchment paper and press the granola into the pan until evenly distributed.
3. Place pan in freezer for one hour until granola is firm. Cut into 14 bars.



# STUCK In The MIDDLE



Grades 6-8

@ West Kentucky 4-H Camp

**MARCH 27-28, 2025**

Arrive 3/27/25 @5:30pm

Depart 3/28/25 @4:00pm

**WORKSHOPS**

**OUTDOORS**

**FUN**

**ADVENTURE**

**LEADERSHIP**

**COST  
\$60**



Join us for a thrilling two-day overnight camp filled with fun workshops, outdoor adventures, and leadership opportunities, all while exploring the world of 4-H!

**CONTACT YOUR 4-H AGENT FOR MORE INFORMATION**



CHRISTIAN COUNTY

# 4-H CAMP



# 2025



JUNE 2-5, 2025

AGES 9-14

CAMPER PARTICIPANTS AT AGE 8 MAY  
ATTEND IF THEY ARE GOING INTO THE  
4TH GRADE IN THE NEXT SCHOOL YEAR.

FUN, GAMES, AND  
SO MUCH MORE!





# CHRISTIAN COUNTY

# 4-H CAMP

## JUNE 2-5, 2025



Total: \$240

A \$75 non-refundable deposit is due with forms to  
reserve your spot.

Pay by: Cash or Check

Make checks payable to: Christian County 4-H Council

\*Financial Assistance applications coming soon\*

## REGISTRATION

Camp forms & deposit are due

April 11, 2025

Drop off or mail forms to the  
Christian County Extension Office  
2850 Pembroke Rd. Hopkinsville, KY

**SPOTS FILL UP QUICKLY.  
PLEASE DO NOT WAIT.**

## SCAN THE QR CODE FOR REGISTRATION FORMS



## CAMP FUN

Gaga Ball  
Swimming  
Mega Relay  
Giant Slip-n-Slide  
Nightly Dances  
Water Olympics

## CLASSES

Campers choose from a wide variety of classes,  
possible examples include:

Canoeing  
Arts & Crafts  
High & Low Ropes  
Archery

Cooking  
Fishing  
Natural Resources  
and Much More

## COUNTIES CAMPING

Calloway  
Carlisle  
Christian  
Graves  
Hickman

## LOCATION

Western Kentucky 4-H Camp  
Dawson Springs, KY

\*All cabins are air-conditioned\*

## CHRISTIAN COUNTY 4-H AGENTS

Mary Anne Garnett,  
Jeremiah Johnson,  
& Katie Mills





Cooperative  
Extension Service

# 4-H HORSE CLUB TEAM SORTING CLINIC Saturday, Mar. 29, 2025

Two Session Times (choose only 1)  
9:30 a.m. - 12 p.m.  
or 1:00-3:30 p.m.

Christian County Expo Center  
2850 Pembroke Road  
Hopkinsville, KY 42240



Register Here  
by Mar. 14th  
or call #s below  
(limited spots)



(Helmets required for youth riders)

# \$50

PER YOUTH RIDER

MUST HAVE YOUR OWN HORSE

\$5 ADMISSION FOR GENERAL PUBLIC

TO ATTEND THE CLINIC

Food truck  
will be on site  
for lunch/drinks

The Team Sorting Clinic  
will be conducted by Tripp Covington.

Any youth between 9 - 18 years may attend.

Youth do not have to be a current  
4-H Horse Club member to attend.

Only 20 spots per session available at \$50.00 for youth  
with horses. Reserve your riding spot through the  
QR Code!

Questions call:

Lee Ann McCuiston, Todd County 4-H - 270-265-5659  
or Katie Mills - Christian County 4-H - 270-886-6328

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## ‘Together, we grow.’ How to help celebrate National Agriculture Education Week with 4-H

**Source: Carrie Tilghman Derossett, Kentucky 4-H Animal Science and Agriculture Extension Specialist at Martin-Gatton College of Agriculture, Food and Environment**

Our communities across Kentucky and beyond are gearing up to celebrate National Ag Week, March 17-21. As part of the weeklong celebration, we are encouraging everyone to recognize and support agriculture's vital role in fueling our everyday lives.

For 4-Hers, it's a great opportunity to learn more about the food and farming community—showing their pride and appreciation for Kentucky's hard-working agricultural industry. The official theme for this year's celebration is "Agriculture: Together, We Grow."

Here are several ways to help spread the word and help youth share in the celebration:

- Take a virtual field trip. Bring the farm and farmers to you through the "Kentucky Farms Feed Me" virtual field trip series at [teachkyag.org/kyfarmsfeedme](http://teachkyag.org/kyfarmsfeedme), a program of the Kentucky Agriculture and Environment in the Classroom.
- Learn more about what's growing in your county. Check out the Kentucky Food and Farm website at [kyfoodandfarm.info](http://kyfoodandfarm.info) to learn what farmers are growing where you live.
- Prepare a farm-to-table feast. Serve your family a meal that highlights the quality and abundance of locally grown and raised agriculture products in Kentucky.
- Share what you know through youth group discussions. At your next 4-H club meeting, talk with your peers about what agriculture means to you and how it affects your community.
- Explore agricultural career opportunities. Careers in agriculture include a myriad of jobs in food production, agricultural engineering, environmental science, animal nutrition and more. Learning about these career possibilities is a great way to support the industry's future. Visit [kyagworks.org](http://kyagworks.org) for career profiles and job quizzes.
- Thank a farmer and anyone that contributes to agriculture. Reach out to farmers and anyone you know in your community who impacts this vibrant industry. Express your gratitude for their work and contributions.
- Spread the word on social media. Your county extension office's social media pages are an excellent place to find posts you want to share/reshare. With adult guidance, 4-Hers can remind their family and friends online of agriculture's impact on their lives.
- Participate in the Kentucky Agriculture Poster and Essay Contest. Share what Kentucky agriculture means to them through the written word or colorful artwork. The 2025 theme is "Kentucky Agriculture Makes Me Proud." Find entry information at [kyagr.com/marketing/poster-essay-contest.html](http://kyagr.com/marketing/poster-essay-contest.html).

For more information on Agriculture Education Week, including the history, learning resources and to learn how you can get involved, visit [kyagr.com/marketing/ag-education-week.html](http://kyagr.com/marketing/ag-education-week.html).

If you are looking for ways to celebrate National Ag Week with the young people in your life, it is easy for everyone to participate. Your county 4-H agent can connect you with agriculture-related learning activities and resources you can use to educate others about agriculture in your community.

Contact the Christian County Extension office for more information, programs or events going on in your county.

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The University of Kentucky Martin-Gatton College of Agriculture, Food and Environment news and communications team provides monthly Extension Exclusives in the categories of Horticulture, Agriculture and Natural Resources, 4-H and Family & Consumer Sciences. To see more exclusives, visit <https://exclusives.ca.uky.edu>.





# HOCKEY LEADERSHIP NIGHT



**A FUN BEHIND THE SCENES TOUR  
AND TRIP TO THE NASHVILLE  
PARTHENON**

**APRIL 8TH, 2025  
COST \$60.00  
TIME 12:00PM-11:00PM**



**THIS EVENT WILL INCLUDE A TOUR OF THE PARTHENON, A BEHIND THE SCENES TOUR, AND THE HOCKEY GAME ITSELF. PLEASE BRING MONEY FOR LUNCH, DINNER, AND ANY SOUVENIRS. FOR MORE INFORMATION PLEASE CONTACT YOUR COUNTY EXTENSION OFFICE**

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